

MUNRO MEDICAL CENTRE  
PATIENT GROUP MINUTES  
MONDAY 15<sup>TH</sup> SEPTEMBER

**PRESENT:** Chairman & 6 members. 2 Management members. 7 New membership attendees.

**OTHER ATTENDEES:** Jane Briginshaw - Nurse Specialist for Parkinson Disease. Clive Yates from Carers Partnership. Tim Bazaki attended from Beechfield Medical Centre Patient Group as an observer.

**1. Chairman's Welcome**

The chairman welcomed prospective new members & visitors to the meeting.

**2. Apologies:** 1 member and 1 GP

**3. Jane Briginshaw Parkinson Nurse Specialist**

Jane explained that she has been in post since end of July, completing a 6 week induction. Her background is in community nursing/case management. Jane will be continually reporting to the CCG (clinical commissioning group)

Jane will see patients (Some 300) at home for their first visit in their own environment assessing their needs & how the patient currently manages. There will then be clinics held at Johnson Hospital, Holbeach and Long Sutton. Patients can be referred by their GP, carer or relative. Carers are also supported.

The Parkinson's UK group meet in Pinchbeck, advice & "good life guide" available. They also have volunteers who can go in and educate; they also "train the trainer"

A lot of time & determination from patients & carers has resulted in this specialist role being realised. Group members felt that this is a much needed resource in our area; Jane confirmed that the service is also available to patients in nursing homes.

**4. Clive Yates – (LCYCP) Lincolnshire Carers and Young Carers Partnership**

Clive gave a presentation on the work & purpose of the Partnership. It was set up in April 2008 to develop an inclusive approach to working with carers and partners. LCYCP gives carers and partners the opportunity to become involved in making the Lincolnshire Carer's Strategy a reality and help shape the Carer's Agenda.

Clive's presentation explained what defines a carer, the number of unpaid family carers in Lincolnshire. These include both children and adult carers. Carers often don't know where to find help & support or even identify themselves as a carer and can be very isolated. The Partnership interlinks with various other agencies and looks to support carers in many ways and signpost them to other services. All carers are entitled to have a needs assessment done.

Various open events are held and can be found on their website or newsletters

\*There is a mental wellbeing event on 29<sup>th</sup> October in Sleaford

## **5. Minutes Of Last Meeting**

It was noted that a member was missed from the July list of attendees. Minutes were agreed.

## **6. Matters Arising**

A member mentioned that the door threshold was still a problem with wheelchairs, although the threshold is quite low.

## **7. Munro Medical Centre News**

Flu Clinics these will be held on Saturday 4<sup>th</sup> & 18<sup>th</sup> October, the members were asked if any of the group would like to help with refreshments/questionnaires. There will also be 2 or 3 stands including Carers & Alzheimer's society.

## **8. Newsletter Items**

The editor was thanked for the summer newsletter; it received positive comments from the group. Management had not found out about returning crutches etc, it was suggested contacting NRS for details.

Reminder to bring any ideas for the winter edition to the November meeting.

## **9. Welcome/questions new member applicants.**

The chairman welcomed the new members & explained that this was an opportunity for them to see how the meetings run. Everyone introduced themselves and gave a little bit about their background and reason for joining the group.

It was agreed that all new members would be welcome to join the core group, if they no longer wished to attend then they could notify us after the meeting. The chairman explained that we would be looking to consider a review of the chair position and appointment of secretary.

Date & Time Of Next Meeting - Monday 10<sup>th</sup> November 6pm